

Breakfast K-12

June 2023

MON

TUE

WED

THU

FRI

			1 Plain Bagel w/ Cream Cheese Applesauce & 100% Orange Juice	2 Multi-Grain Cinnamon Flakes Graham Crackers Raisins & 100% Grape Juice
5 Cinnamon Crips Bar Raisins & 100% Grape Juice	6 Strawberry Yogurt Graham Crackers Fresh Apple & Diced Pineapple	7 Multi-Grain Cinnamon Flakes Graham Crackers Raisins & 100% Grape Juice	8 Plain Bagel Cream Cheese Applesauce & 100% Orange Juice	9 Blueberry Muffin Fresh Orange & 100% Pineapple Juice
12 Multigrain Cheerios Graham Crackers Raisins & Applesauce	13 Strawberry Yogurt Graham Crackers Fresh Apple & Diced Pineapple	14 Cinnamon Raisin Bagel Butter Raisins & Applesauce	15 Honey Cheerios Graham Crackers Fresh Apple & 100% Orange Juice	16 Cherry Cocoa Bar Fresh Pear & 100% Pineapple Juice
19 NO SCHOOL FOR SCHOLARS	20 Strawberry Yogurt Graham Crackers Fresh Apple & Diced Pineapple	21 Banana Muffin Raisins & Applesauce	22 Cinnamon Toast Crunch Graham Crackers Applesauce & 100% Orange Juice	23
26	27	28	29	30

Did You Know?

- All grain products are whole grain rich
- There are no pork products on this menu
- Meats are lean and cheeses are low fat
- All products contain Zero Trans Fats, No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup



Lunch K-8

June 2023

MON

TUE

WED

THU

FRI

			1 Stuffed Bread Sticks Marinara Dipping Sauce & Sun Splash Juice	2 Cheese Pizza Garden Side Salad w/ Ranch Fresh Apple
5 Cheese Beef Burger Ketchup Roasted Potatoes Fresh Apple	6 Fajita Chicken Brown Rice Black Beans & Tomatoes	7 Beef Meatballs w/ Tomato Sauce & Parmesan Cheese Broccoli	8 Cobb Salad w/Pita Bread Fresh Banana	9 French Bread Cheese Pizza Baby Carrots w/ Ranch Dressing Fresh Apple
12 BBQ Beef Meatballs Or Broccoli Fresh Apple	13 Turkey Hot Dog w/ Baked Beans Fresh Pear	14 Chicken Tenders w/ Roasted Potatoes Fresh Apple	15 Chicken Caesar Salad w/ Pita Bread Fresh Banana	16 Cheese Pizza Baby Carrots w/ Ranch Dressing Fresh Apple
19 NO SCHOOL FOR SCHOLARS	20 Homemade Macaroni & Cheese Fresh Pear	21 Beef Meatloaf w/ Gravy Mashed Potatoes	22 Sun Butter Sandwich With String Cheese Fresh Fruit	23
26	27	28	29	30

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This institution is an equal opportunity provider.