

September

BREAKFAST

K-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Blueberry Burst Bagel with Cream Cheese Packet and Fresh Fruit ¹	Vanilla Concha Bread with Fresh Fruit ²
NOSCHOOL ⁵	Blueberry Burst Muffin with Fresh Fruit ⁶	Lemon Muffin with Fresh Fruit ⁷	Plain Bagel with Cream Cheese Packet and Fresh Fruit ⁸	Banana Muffin with Fresh Fruit ⁹
Whole Grain Cheerios Educational Snacks and Fresh Fruit ¹²	Plain Bagel with Cream Cheese Packet and Fresh Fruit ¹³	Yogurt with Educational Snacks and Fresh Fruit ¹⁴	Lemon Muffin with Fresh Fruit ¹⁵	Cinnamon Crumble with Fresh Fruit ¹⁶
Whole Grain Cinnamon Chex Educational Snacks Fresh Fruit ¹⁹	Whole Grain Cheerios with Educational Snacks and Fresh Fruit ²⁰	Autumn Spice Muffin with Fresh Fruit ²¹	Plain Bagel with Cream Cheese Packet and Fresh Fruit ²²	Zee Zees Berry Apple Crisp Bar with Fresh Fruit ²³
Whole Grain Cheerios with String Cheese and Fresh Fruit ²⁶	Plain Bagel with Cream Cheese Packet and Fresh Fruit ²⁷	Yogurt with Educational Snacks and Fresh Fruit ²⁸	Blueberry Burst Bagel with Cream Cheese Packet and Fresh Fruit ²⁹	Banana Muffin with Fresh Fruit ³⁰

How was your meal? Take our short survey to let us know! Our chefs use your feedback to improve & develop new recipes. You can use the same link every time you eat our food!

surveymonkey.com/r/meals-survey



revolution foods.

This institution is an equal opportunity provider. All grains offered are whole-grain rich.

Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is served.

Dairy-Free (DF)
Vegetarian (V)

September

LUNCH

K-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Green Chile ¹ Cheese & Chicken Quesadilla Romaine Lettuce Tomato Slices	Cheese Pizza ² Seasoned Green Beans
⁵ NO SCHOOL	⁶ All Beef Hot Dog Baby Carrots	⁷ Creamy Pasta Alfredo with Yogurt Cilantro Lime Pinto Beans	⁸ BBQ Beef Rib Sandwich Chopped Romaine Lettuce and Tomato Slices	⁹ Cheese Pizza Coleslaw
¹² Crispy Chicken Sandwich Baby Carrots	¹³ All Beef Hot Dog Seasoned Carrots, Corn and Peas	¹⁴ Sub Sandwich with Turkey Seasoned Green Beans	¹⁵ Pepperoni Pizza Broccoli Florets	¹⁶ Classic Turkey & Cheddar Sandwich Falafel Nugget
¹⁹ All Beef Hot Dog Green Peas	²⁰ Flame-Broiled Beef Burger with Honey Wheat Crackers Baby Carrots	²¹ Sub Sandwich with Turkey Chili Citrus Black Beans and Corn	²² BBQ Beef Rib Sandwich Lettuce and Tomato Slices	²³ Cheese Pizza Coleslaw
²⁶ Flame-Broiled Beef Burger Baby Carrots	²⁷ Crispy Chicken Sandwich Carrots, Corn and Peas	²⁸ Cheese Pizza Lemon Pepper Green Beans	²⁹ Breakfast for Lunch: Pancakes & Cheesy Omelet with Syrup Packet Broccoli Florets	³⁰ Cheese Enchilada with Seasoned Rice and Black Beans Pinto Beans

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Vegetable of the Day

Dairy-Free (DF) Vegetarian (V) options available daily – if not listed on the menu, available on request