January

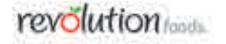


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NO SCHOOL	Whole Grain Cheerios Cereal Cinnamon Graham Paradise Juice Applesauce	5 Cinnamon Crumble with Fresh Fruit	6 Vanilla Concha Bread with Fresh Fruit	Plain Bagel with ⁷ Cream Cheese Packet and Fresh Fruit
Whole Grain 10 Cinnamon Chex with Educational Snacks and Fresh Fruit	11 Banana Muffin with Fresh Fruit	Plain Bagel with 12 Cream Cheese Packet and Fresh Fruit	Corn Chex Cereal with Fresh Fruit	Blueberry Burst14 Bagel with Cream Cheese Packet and Fresh Fruit Fruit
17 NO SCHOOL	18 Granola with Fresh Fruit	19 Banana Muffin With Fresh Fruit	20 Whole Grain Cheerios	21 Yogurt with Granola and Fresh Fruit
24	25	26	27	28
Whole Grain Cinnamon Chex	Vanilla Concha Bread with Fresh Fruit	Plain Bagel with Cream Cheese	Zee Zees Berry Apple Crisp Bar with Fresh Fruit	Lemon Muffin with Fresh Fruit
31				
Whole Grain Corn Chex and Fruit				

new recipes. You can use the same link every time you eat our food!

surveymonkey.com/r/meals-surve





Choice of or fat-free milk; fresh fruit available daily except when fruit juice is served.

Dairy-Free (DF) Vegetarian (V)

January

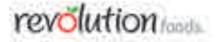


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NO SCHOOL	4 Chicken Teriyaki with Carrot Rice Steamed Corn	5 Cheese Pizza with Side Salad)	6 BBQ Beef with Carrot Rice	7 Flame-Broiled Beef Burger with Falafel Tots
Chicken Mumbo with Not So Fried Rice Baby Carrots	11 Pizza Panada Pie Falafel Tots	Jerk Chicken Drumstick & Pineapple Carrot Rice Braised Greens	Flame-Broiled Beef Cheeseburger Steamed Corn	14 Hot Dog Celery-Sticks
NO SCHOOL	18 Chicken Teriyaki with Carrot Rice	19 Cheese Pizza with Side Salad	Baked Mac & Cheese and Chicken Bites Lunch Combo	21 Sesame Chicken Wrap with Sesame Vinaigrette Packet
24 Chicken Gumbo and Corn Bread Baby Carrots	25 Flame-Broiled Beef Burger Pinto Beans	Oven Roasted Chicken Sandwich Braised Greens	Sweet Garlic Noodles with Chicken Roasted Potatoes	28 Hot Dog Celery-Sticks
31 Beef Rib Mumbo with Carrot Rice				

How was your meal? Take our short survey to let us know! Our chefs use your feedback to improve & develop new recipes. You can use the same link every time you eat our food!

surveymonkey.com/r/meals-survey





This institution is an equal opportunity provider. All grains offered are whole-grain rich.

Choice of or fat-free milk; fresh fruit available daily except when fruit juice is served.

Vegetable of the Day

Dairy-Free (DF) Vegetarian (V) options available daily – if not listed on the menu, available upon request