## December



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Granola with Fresh Fruit	Vanilla Concha Bread with Fresh Fruit	Zee Zees Berry Apple Crisp Bar with Fresh Fruit
Whole Grain Cinnamon Chex with Educational Snacks and Fresh Fruit	7 Banana Muffin with Fresh Fruit	Plain Bagel with Cream Cheese Packet and Fresh Fruit	Zee Zees Cinnamon Crisp Bar with Fresh Fruit	Lemon Muffin <sup>10</sup> with Fresh Fruit
13 Whole Grain Cheerios With Fresh Fruit	14 Waffle with Syrup Packet and Fresh Fruit	Blueberry Burst Bagel Cream Cheese Fresh Fruit	Cinnamon Crumble with Fresh Fruit	17 Yogurt with granola and Fresh Fruit
School Break	School Break 21	School Break	School Break	24 School Break
27 School Break	28 School Break	29 School Break	30 School Break	31 School Break

How was your meal? Take our short survey to let us know! Our chefs use your feedback to improve & develop new recipes. You can use the same link every time you eat our food!

surveymonkey.com/r/meals-survey





Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is served.

Dairy-Free (DF) Vegetarian (V)

## December

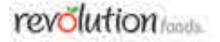


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Oven Roasted Chicken Sandwich Braised Greens	Korean BBQ Beef with Carrot Rice Celery Sticks	Flame-Broiled Beef Burger w/ Falafel Tots
6 Chicken Gumbo & Corn Bread Baby Carrots	7 Flame-Broiled Beef Burger Falafel Tots	Honey Mustard Chicken Wrap Braised Greens	Sweet Garlic Noodles w/ Chicken Steamed Corn	The Revolution Hot Dog Celery Sticks
Philly Cheese Steak Sandwich Green Peas	14 Chicken Teriyaki w/ Carrot Rice	15 Cheese Pizza Braised Greens	Holiday Mac & 16 Cheese w/ Corn Bread, Roasted Sweet Potatoes & Cranberry Sauce Baby Carrots	17 Pretzel Nacho Calzoni Celery Sticks
20 School Break	21 School Break	22 School Break	23 School Break	24 School Break
27 School Break	28 School Break	29 School Break	30 School Break	31 School Break

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This institution is an equal opportunity provider. All grains offered are whole-grain rich.

Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is served.

**Vegetable of the Day** 

Dairy-Free (DF) Vegetarian (V) options available daily – if not listed on the menu, available upon request