

December

BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Granola with Fresh Fruit	2 Vanilla Concha Bread with Fresh Fruit	3 Zee Zees Berry Apple Crisp Bar with Fresh Fruit
6 Whole Grain Cinnamon Chex with Educational Snacks and Fresh Fruit	7 Banana Muffin with Fresh Fruit	8 Plain Bagel with Cream Cheese Packet and Fresh Fruit	9 Zee Zees Cinnamon Crisp Bar with Fresh Fruit	10 Lemon Muffin with Fresh Fruit
13 Whole Grain Cheerios With Fresh Fruit	14 Waffle with Syrup Packet and Fresh Fruit	15 Blueberry Burst Bagel Cream Cheese Fresh Fruit	16 Cinnamon Crumble with Fresh Fruit	17 Yogurt with granola and Fresh Fruit
20 School Break	21 School Break	22 School Break	23 School Break	24 School Break
27 School Break	28 School Break	29 School Break	30 School Break	31 School Break

How was your meal? Take our short survey to let us know! Our chefs use your feedback to improve & develop new recipes. You can use the same link every time you eat our food!

surveymonkey.com/r/meals-survey



This institution is an equal opportunity provider.
All grains offered are whole-grain rich.

Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is served.

Dairy-Free (DF)

Vegetarian (V)

December

LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Oven Roasted Chicken Sandwich Braised Greens	2 Korean BBQ Beef with Carrot Rice Celery Sticks	3 Flame-Broiled Beef Burger w/ Falafel Tots
6 Chicken Gumbo & Corn Bread Baby Carrots	7 Flame-Broiled Beef Burger Falafel Tots	8 Honey Mustard Chicken Wrap Braised Greens	9 Sweet Garlic Noodles w/ Chicken Steamed Corn	10 The Revolution Hot Dog Celery Sticks
13 Philly Cheese Steak Sandwich Green Peas	14 Chicken Teriyaki w/ Carrot Rice	15 Cheese Pizza Braised Greens	16 Holiday Mac & Cheese w/ Corn Bread, Roasted Sweet Potatoes & Cranberry Sauce Baby Carrots	17 Pretzel Nacho Calzoni Celery Sticks
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Vegetable of the Day

Dairy-Free (DF) Vegetarian (V)
options available daily – if not listed on the menu, available upon request