

NOVEMBER

BREAKFAST

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|---------------------------------|------------------------------------|
| | | | | 1 • Yogurt/Educational Snacks |
| 4 • Cinnamon Chex/Educational | 5 • Plain Whole Wheat Bagel/Cream • Cheese | 6 • Zee Zees Berry Apple Crisp Bar | 7 • Cheese/Cinnamon Grahams | 8 • Apple Muffin |
| 11 • NO SCHOOL | 12 • Cinnamon Crisp Bar) | 13 • Mini French Toast Muffin & String Cheese | 14 • Waffles and Juice | 15 • Chex/Zac Attack Strawberry |
| 18 • Yogurt/Honey Grahams | 19 • Apple Crisp Bar | 20 • Plain Whole Wheat Bagel/Cream • Cheese | 21 • Cinnamon Crisp Bar Corn | 22 • NO SCHOOL |
| 25 • Cinnamon Chex/Zac Attack Apple | 26 • Hot Mini Cheese Omelet with French Toast Stick | 27 • Cinnamon Crumble | 28 • NO SCHOOL | 29 |

Did you know?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein! Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

revolutionfoods.

This institution is an equal opportunity provider. All grains offered are whole-grain rich.

BREAKFAST: choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered.

STUDENT FAVORITE



NOVEMBER

LUNCH

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|---|--|
| | | | | <p>1</p> <ul style="list-style-type: none"> • Pepperoni Pizza • Romaine, Carrot, and Side Salad with ranch dressing |
| <p>4</p> <ul style="list-style-type: none"> • Mumbo Grilled Chicken Bites • Garbanzo, Edamame, & Shredded Carrots | <p>5</p> <ul style="list-style-type: none"> • Penne Pasta with Meat Sauce • Pre-rolled bean Savory Sweet Potatoes | <p>6</p> <ul style="list-style-type: none"> • BBQ Chicken Wrap • (Local) Italian garlic Corn | <p>7</p> <ul style="list-style-type: none"> • Creamy Chicken Alfredo • Sliced Cucumber | <p>8</p> <ul style="list-style-type: none"> • Chicken Caesar Salad • Romaine, Carrot, and Side Salad with RANCH |
| <p>11</p> <ul style="list-style-type: none"> • NO SCHOOL | <p>12</p> <ul style="list-style-type: none"> • Nacho dip w/ beef and salsa • (Local) Garlic Lime Corn | <p>13</p> <ul style="list-style-type: none"> • Sesame Chicken Wrap • Green Beans with Caramelized Onions | <p>14</p> <ul style="list-style-type: none"> • Baked Mac & Cheese and Chicken Bites • Chili Citrus Black Beans & Corn | <p>15</p> <ul style="list-style-type: none"> • Pepperoni Pizza • Side Salad • Romaine, Carrot, and Side Salad with ranch dressing |
| <p>18</p> <ul style="list-style-type: none"> • Turkey and Cheddar Sandwich • Steamed Corn | <p>19</p> <ul style="list-style-type: none"> • Italian Calzoni Carrot, Corn, & Peas | <p>20</p> <ul style="list-style-type: none"> • Chicken Caesar Wrap • Savory Sweet Potatoes | <p>21</p> <ul style="list-style-type: none"> • Holiday Meal Turkey • Yellow Squash | <p>22</p> <ul style="list-style-type: none"> • NO SCHOOL |
| <p>25</p> <ul style="list-style-type: none"> • Hot Dogs • Baby Carrots | <p>26</p> <ul style="list-style-type: none"> • Chili Citrus Drumstick (Local) Steamed Corn | <p>27</p> <ul style="list-style-type: none"> • BBQ Chicken Wrap • green bean | <p>28</p> | <p>29</p> |

Did you know?

Revolution Foods is proud to serve fresh food made with real ingredients. Our meals are always:
 Designed with Kids | Created by Chefs | Nutritionally Balanced | Made with High-Quality Ingredients

Learn more about us on our website at www.revolutionfoods.com



Choice of 1% or fat-free milk; fresh fruit available daily.

DAIRY-FREE (DF) **VEGETARIAN (V)** options available daily – if not listed on the menu, available upon request.

VEGETABLE OF THE DAY

STUDENT FAVORITE



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