

OCTOBER

BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 • Yogurt with Cinnamon Grahams	2 • French Toast Stick (VG)	3 • Banana Muffin	4 • NO SCHOOL FOR SCHOLARS
7 • Zee Zees Cinnamon Crisp	8 • HOT Cornbread & Egg Omelet (VG)	9 • HOT Pancakes with Syrup (VG)	10 • SCHOOL BREAK	11 SCHOOL BREAK
14 • SCHOOL BREAK	15 • NO SCHOOL FOR SCHOLARS	16 • Autumn Spice Muffin	17 • Lemon Muffin	18 • Cinnamon Chex
21 • Multigrain Cheerios with Giant Cinnamon	22 • Blueberry Muffin	23 • HOT Sausage & Cheddar Biscuits	24 • HOT Pancakes with Syrup (VG)	25 • Banana Muffin
28 • Cinnamon Chex (DF) (VG)	29 • HOT Turkey, Egg and Cheese	30 • Yogurt with Granola	31 • Jumpstart Breakfast: Mini Dipper doodle	

Did you know?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and tein! Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

revolution foods.

This institution is an equal opportunity vider. All grains offered are whole-grain rich.

BREAKFAST: choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered.

STUDENT FAVORITE



OCTOBER

LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1</p> <ul style="list-style-type: none"> • Chicken Bites • Green Peas 	<p>2</p> <ul style="list-style-type: none"> • Chicken Wrap • Green beans 	<ul style="list-style-type: none"> • Ranchero Chicken Con Queso Rice Bake • Kidney Beans <p>3</p>	<ul style="list-style-type: none"> • NO SCHOOL FOR SCHOLARS <p>4</p>
<ul style="list-style-type: none"> • Pepper Jack Cheeseburger & Shredded Carrots <p>7</p>	<ul style="list-style-type: none"> • Penne Pasta with Meat Sauce • Savory Sweet Potatoes <p>8</p>	<ul style="list-style-type: none"> • BBQ Chicken Wrap • Green Peas <p>9</p>	<p>10</p> <ul style="list-style-type: none"> • SCHOOL BREAK 	<p>11</p> <ul style="list-style-type: none"> • SCHOOL BREAK
<p>14</p> <ul style="list-style-type: none"> • SCHOOL BREAK 	<p>15</p> <ul style="list-style-type: none"> • NO SCHOOL FOR SCHOLARS 	<p>16</p> <ul style="list-style-type: none"> • Buffalo Chicken Wrap • Green Beans 	<p>17</p> <ul style="list-style-type: none"> • Baked Mac & Cheese and Chicken Bites 	<p>18</p> <ul style="list-style-type: none"> • Chicken dogs • Side Salad
<ul style="list-style-type: none"> • Mama's Tamales • Steamed Corn <p>21</p>	<ul style="list-style-type: none"> • Korean BBQ Beef • Savory Sweet Potatoes <p>22</p>	<ul style="list-style-type: none"> • Mighty Meaty Deli Combo Sandwich • Green Peas <p>23</p>	<ul style="list-style-type: none"> • Five Cheese Lasagna • Squash - Yellow <p>24</p>	<ul style="list-style-type: none"> • Pepperoni Pizza • Side Salad with RANCH <p>25</p>
<ul style="list-style-type: none"> • Sloppy Joe • Baby Carrots <p>28</p>	<ul style="list-style-type: none"> • BBQ Chicken Plate • Steamed Corn <p>29</p>	<ul style="list-style-type: none"> • Chicken Caesar Wrap • Green beans <p>30</p>	<ul style="list-style-type: none"> • Chicken Salad Sandwich • Tomatoes <p>31</p>	

Did you know?

Revolution Foods is proud to serve fresh food made with real ingredients. Our meals are always:
 Designed with Kids | Created by Chefs | Nutritionally Balanced | Made with High-Quality Ingredients

revolutionfoods.

Choice of 1% or fat-free milk; fresh fruit available daily.

DAIRY-FREE (DF) VEGETARIAN (V) options available daily – if not listed on the menu, available upon request.

VEGETABLE OF THE DAY

STUDENT FAVORITE ★

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