

OCTOBER

BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 • Jumpstart Breakfast: Mini	2 • Blueberry Burst Whole Grain Bagel with Cream Cheese	3 • Banana Muffin	4 • NO SCHOOL FOR SCHOLARS
7 • Zee Zees Cinnamon Crisp Bar (VG) (DF)	8 • Plain Whole Wheat Bagel with Cream Cheese	9 • Zee Zees Berry Apple Crisp Bar (DF)	10 • SCHOOL BREAK	11 • SCHOOL BREAK
14 • SCHOOL BREAK	15 • NO SCHOOL FOR SCHOLARS	16 • Autumn Spice Muffin	17 • Lemon Muffin	18 • Cinnamon Chex with Educational Snacks (VG)
21 • Multigrain Cheerios with Giant	22 • Zee Zees Berry Apple Crisp Bar (DF)	23 • Yogurt with honey Grahams	24 • Corn Chex with Educational Snacks (VG)	25 • Banana Muffin
28 • Zee Zees Berry Apple Crisp Bar (DF)	29 • Lemon Muffin	30 • Yogurt with Granola • Breakfast Cinnamon Crumble	31 • Corn Chex with Educational Snacks (VG)	

Did you know?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and tein! Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

revolution foods.

This institution is an equal opportunity vider. All grains offered are whole-grain rich.

BREAKFAST: choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered.

STUDENT FAVORITE ★

OCTOBER

LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<ul style="list-style-type: none"> 1 • Chicken Pesto Pasta Salad • Green Peas 	<ul style="list-style-type: none"> • Chicken Wrap 2 • Green Beans with Caramelized Onions 	<ul style="list-style-type: none"> • Ranchero Chicken Beans, Edamame, Carrot, Corn 3 	<ul style="list-style-type: none"> • NO SCHOOL FOR SCHOLARS 4
<ul style="list-style-type: none"> • Sunny Sandwich Kit Sunbutter and Jelly Shredded Carrots 7 	<ul style="list-style-type: none"> • Cheesy Ravioli (VG) 8 • Savory Sweet Potatoes 	<ul style="list-style-type: none"> • BBQ Chicken Wrap 9 • Green Peas & Kale Salad 	<ul style="list-style-type: none"> • SCHOOL BREAK 10 	<ul style="list-style-type: none"> • SCHOOL BREAK 11
<ul style="list-style-type: none"> • SCHOOL BREAK 14 	<ul style="list-style-type: none"> • NO SCHOOL FOR SCHOLARS 15 	<ul style="list-style-type: none"> • Cheddar Cheese Sandwich (VG) 16 • Beans with Caramelized Onions 	<ul style="list-style-type: none"> • Baked Mac & Cheese and Chicken Bites 17 • Chili Citrus Black Beans & Corn 	<ul style="list-style-type: none"> • Pepperoni Pizza 18 • Romaine, Carrot, and Side Salad
<ul style="list-style-type: none"> • Broiled Beef Burger Pinto Beans & Steamed Corn 21 	<ul style="list-style-type: none"> • Garden Ranch Salad with Chicken Breast 22 • Savory Sweet Potatoes 	<ul style="list-style-type: none"> • Chicken Caesar Wrap 23 • Green Peas 	<ul style="list-style-type: none"> • Classic Spaghetti and Meatballs Squash - Yellow 24 	<ul style="list-style-type: none"> • Pepperoni Pizza 25 • Romaine, Carrot, and Side Salad
<ul style="list-style-type: none"> • Hot Dogs (DF) 28 • Baby Carrots 	<ul style="list-style-type: none"> • BBQ Chicken Plate 29 • Steamed Corn 	<ul style="list-style-type: none"> • Turkey and Cheddar Sandwich 30 • green bean 	<ul style="list-style-type: none"> • Baked Mac & Cheese and Chicken Bites 31 • Three Bean Salad 	

Did you know?

Revolution Foods is proud to serve fresh food made with real ingredients. Our meals are always: Designed with Kids | Created by Chefs | Nutritionally Balanced | Made with High-Quality Ingredients
 Learn more about us on our website at www.revolutionfoods.com



Choice of 1% or fat-free milk; fresh fruit available daily.

DAIRY-FREE (DF) VEGETARIAN (V) options available daily – if not listed on the menu, available upon request.

VEGETABLE OF THE DAY

STUDENT FAVORITE ★

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