

JANUARY BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>NEW YEAR'S DAY!</p> <p>1</p> <p>No School</p>	<p>2</p> <p>• NO SCHOOL</p>	<p>3</p> <p>• NO SCHOOL FOR THE MIDDLE SCHOOL CAMPUS</p>	<p>4</p> <p>• NO SCHOOL FOR THE MIDDLE SCHOOL CAMPUS</p>
<p>7</p> <p>• cinnamon chex & educational snacks</p>	<p>8</p> <p>• zac omega fruit filled strawberry bar</p>	<p>9</p> <p>• HOT southwest chicken chorizo & cheese bagel</p>	<p>10</p> <p>• mini french toast muffin & string cheese</p>	<p>11</p> <p>• mini dipperdoodle bar & string cheese</p>
<p>14</p> <p>• yogurt & cinnamon grahams</p>	<p>15</p> <p>• zee zee berry • apple crisp bar</p>	<p>16</p> <p>• zac omega fruit filled strawberry bar</p>	<p>17</p> <p>• HOT buttermilk pancakes</p>	<p>18</p> <p>• banana muffin</p>
<p>21</p> <p>No School</p>	<p>22</p> <p>• yogurt & educational snacks</p>	<p>23</p> <p>• HOT French toast, turkey sausage, & egg</p>	<p>24</p> <p>• HOT cinnamon toast bagel</p>	<p>25</p> <p>• cinnamon crumble</p>
<p>28</p> <p>• string cheese & cinnamon grahams</p>	<p>29</p> <p>• lemon muffin</p>	<p>30</p> <p>• plain bagel & cream cheese</p>	<p>31</p> <p>• zee zees berry apple crisp bar</p>	

DID YOU KNOW?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein!



Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

Breakfast: choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered.

JANUARY LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>NEW YEAR'S DAY! 1</p> <p>No School</p>	<p>2</p> <p>NO SCHOOL</p>	<p>3</p> <p>• NO SCHOOL OR MIDDLE SCHOOL CAMPUS</p>	<p>4</p> <p>• NO SCHOOL FOR MIDDLE SCHOOL CAMPUS</p>
<p>7</p> <p>• chicken bites ○ steamed corn</p>	<p>8</p> <p>• beef burger ○ seasoned green beans</p>	<p>9</p> <p>• Bag Lunch • Inside Classroom</p>	<p>10</p> <p>• the revolution dog ○ lettuce & tomatoes with ranch</p>	<p>11</p> <p>• five cheese lasagna ○ sweet potatoes</p>
<p>14</p> <p>• popcorn chicken bites with bbq bean sauce ○ steamed corn</p>	<p>15</p> <p>• meatless "sausage" calzoni ○ glazed carrots</p>	<p>16</p> <p>• Bag Lunch • Inside Classroom</p>	<p>17</p> <p>• crispy chicken sandwich ○ lettuce & tomatoes with ranch</p>	<p>18</p> <p>• bbq chicken wrap ○ seasoned green beans</p>
<p>21</p> <p>No School</p>	<p>22</p> <p>• beef cheeseburger ○ seasoned green beans</p>	<p>23</p> <p>• Bag Lunch • Inside Classroom</p>	<p>24</p> <p>• turkey & cheese flatbread melt ○ lettuce & tomatoes with ranch</p>	<p>25</p> <p>• honey mustard chicken wrap ○ sweet potatoes</p>
<p>28</p> <p>• cheesy chicken quesadilla ○ seasoned green beans</p>	<p>29</p> <p>• " hot meatball sub ○ island glazed carrots</p>	<p>30</p> <p>Bag Lunch Inside Classroom</p>	<p>31</p> <p>• mac and cheese & chicken bites ○ lettuce & tomatoes with ranch</p>	

HAPPY NEW YEAR!

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

○ **Vegetable** of the day