



# DECEMBER BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 • string cheese & cinnamon grahams	4 • HOT french toast sticks	5 • blueberry burst muffin	6 • HOT turkey, egg & cheese brekwich	7 • zee zees cinnamon crisp bar
10 • zac omega fruit filled strawberry bar	11 • apple cinnamon muffin	12 • blueberry bagel & cream cheese (vg)	13 • autumn spice muffin	14 • cinnamon crumbles
17 • cinnamon "dipperdoodle" bar	18 • mini french toast muffin & string cheese	19 • string cheese & cinnamon grahams	20 • strawberry bar	21 • blueberry burst muffin
24 	25 	26 No School	27 No School	28 No School
NEW YEAR'S EVE! 31 No School				

## DID YOU KNOW?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein!



*Don't forget to grab a carton of low-fat or non-fat milk with breakfast!*

**Breakfast:** choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered.

DECEMBER LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <ul style="list-style-type: none"> <li>• bbq beef flatbread melt</li> <li>○ seasoned green beans (chilled)</li> </ul>	<p>4</p> <ul style="list-style-type: none"> <li>• buffalo chicken "crunchadilla"</li> <li>○ orangy carrots</li> </ul>	<p>5</p> <p>Bag Lunch Inside Classroom</p>	<p>6</p> <ul style="list-style-type: none"> <li>• beef cheeseburger</li> <li>○ lettuce &amp; tomatoes</li> <li>○ with ranch</li> </ul>	<p>7</p> <ul style="list-style-type: none"> <li>• sesame chicken wrap</li> <li>○ green peas</li> </ul>
<p>10</p> <ul style="list-style-type: none"> <li>• popcorn chicken bites</li> <li>• with bbq bean sauce</li> <li>○ steamed corn</li> </ul>	<p>11</p> <ul style="list-style-type: none"> <li>• mighty meaty deli combo</li> <li>edamame beans baby carrots</li> </ul>	<p>12</p> <ul style="list-style-type: none"> <li>• Bag Lunch Inside Classroom</li> </ul>	<p>13</p> <ul style="list-style-type: none"> <li>• chicken &amp; chile tamale (df)</li> <li>○ lettuce &amp; tomatoes with ranch</li> </ul>	<p>14</p> <ul style="list-style-type: none"> <li>• garden ranch salad with chicken</li> </ul>
<p>17</p> <ul style="list-style-type: none"> <li>• italian calzoni</li> <li>○ steamed corn</li> </ul>	<p>18</p> <ul style="list-style-type: none"> <li>• chicken bites</li> <li>○ steamed carrots</li> </ul>	<p>19</p> <p>Bag Lunch Inside Classroom</p>	<p>20</p> <ul style="list-style-type: none"> <li>• spaghetti &amp; meatballs</li> <li>lettuce &amp; tomatoes</li> <li>• with ranch</li> </ul>	<p>21</p> <ul style="list-style-type: none"> <li>• sesame chicken salad</li> <li>○ seasoned green beans (chilled)</li> </ul>
<p>24</p> <p>Happy Holidays</p>	<p>25</p> <p>Happy Holidays</p>	<p>26</p> <p>No School</p>	<p>27</p> <p>No School</p>	<p>28</p> <p>No School</p>
<p>NEW YEAR'S EVE!</p> <p>31</p> <p>No School</p>				

HAPPY HOLIDAYS!

Bring on the holidays with our warm and hearty seasonal **Roast Turkey & Stuffing** meal: thick-cut turkey paired with savory stuffing, sweet mashed yams, and homemade gravy.

Look for it on the menu on **DATE!**



**Lunch:** choice of 1% or fat-free milk; fresh fruit available daily.

**Dairy-free (DF) and vegetarian (V)** options available daily – if not listed on the menu, available upon request.

○ **Vegetable** of the day