

# December

## APA Breakfast Menus

| Monday   | Tuesday  | Wednesday  | Thursday  | Friday   |
|--|--|--|---|--|
|  |  |  |   | <ul style="list-style-type: none"> <li>• Corn Chex/Fruit</li> </ul> <p>1</p>   |
| <ul style="list-style-type: none"> <li>• Multigrain Cheerios/Fruit</li> </ul> <p>4</p>   | <ul style="list-style-type: none"> <li>• Lemon Muffin/Fruit</li> </ul> <p>5</p>                    | <ul style="list-style-type: none"> <li>• Breakfast Cinnamon Crumble/<br/>Fruit</li> </ul> <p>6</p>     | <ul style="list-style-type: none"> <li>• Yogurt/Skeeter HONEY<br/>Grahams/Fruit</li> </ul> <p>7</p> | <ul style="list-style-type: none"> <li>• Turkey and Cheddar<br/>Brekwich (English Muffin)/<br/>Fruit</li> </ul> <p>8</p> |
| <ul style="list-style-type: none"> <li>• Yogurt/Granola/ Fruit</li> </ul> <p>11</p>  | <ul style="list-style-type: none"> <li>• CoCo Critters Cereal</li> </ul> <p>12</p>                 | <ul style="list-style-type: none"> <li>• Cheerios/Mini Dipperdoodle<br/>Bar/Fruit</li> </ul> <p>13</p> | <ul style="list-style-type: none"> <li>• Bagel/CreamCheese/Fruit</li> </ul> <p>14</p>               | <ul style="list-style-type: none"> <li>• Lemon Muffin/Fruit</li> </ul> <p>15</p>   |
| <ul style="list-style-type: none"> <li>• MultiGrain Cheerios/Zac Attack<br/>Strawberry (1.35 oz)/Fruit (DF)</li> </ul> <p>18</p> | <ul style="list-style-type: none"> <li>• Yogurt/Educational Snacks/<br/>Fruit</li> </ul> <p>19</p> | <ul style="list-style-type: none"> <li>• Breakfast Cinnamon Crumble/<br/>Fruit</li> </ul> <p>20</p>    | <p>21</p>   | <p>22</p>  |
| <p>25</p>  | <p>Winter Holiday Break</p>  |  |   | <p>29</p>  |
|  |  |  |   |  |

Lunch: choice of 1% or fat-free milk;  
fresh fruit available daily.

Dairy-free (DF) and vegetarian (V)  
options available daily – if not listed on  
the menu, available upon request.

o Vegetable of the day



