



APA Breakfast Menus

_	Monday	Tuesday	Wednesday	Thursday	Friday	
					Corn Chex/Fruit	
_					1	
•	Multigrain Cheerios/Fruit	Lemon Muffin/Fruit	Breakfast Cinnamon Crumble/ Fruit	 Yogurt/Skeeter HONEY Grahams/Fruit 	 Turkey and Cheddar Brekwich (English Muffin)/ Fruit 	
_	4	5	6	7	8	
	Yogurt/Granola/ Fruit	CoCo Critters Cereal	 Cheerios/Mini Dipperdoodle Bar/Fruit 	Bagel/CreamCheese/Fruit	Lemon Muffin/Fruit	
_	11	12	13	14	15	
	MultiGrain Cheerios/Zac Attack Strawberry (1.35 oz)/Fruit (DF)	 Yogurt/Educational Snacks/ Fruit 	 Breakfast Cinnamon Crumble/ Fruit 			
_	18	19	20	21	22	Lunch: choice of 1% or fat-free milk; fresh fruit available daily.
		Wint	er Holiday Bro	eak		Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.
	25	26	27	28	29	 ○ Vegetable of the day





ES Lunch Menus

londay	Tuesday	Wednesday	Thursday	Friday	
				Chicken BitesSteamed Corn	
				1	
arrots With Ranch (• E	Pepper Jack Cheeseburger Edamame And Blanched Broccoli Florets	Bag Lunch Inside Classroom	 Holiday Meal: Roasted Turkey And Stuffing Chilled, Seasoned Green Beans 	 Southern BBQ Chicken Sandwich Braised Greens 	
4	5	6	7	8	
Peas • E	Hot Dog s Baby Carrots And Edamame	Bag Lunch Inside Classroom	 Flame Broiled Beef Cheeseburger Tomatoes With Ranch 	 Lone Star BBQ Chicken Sandwich Sweet Potatoes 	
11	12	13	14	15	
arrots With Ranch	Baked Mac & Cheese And BBQ Baked Beans Combo Pinto Beans with Grape Tomatoes	 Bag Lunch Inside Classroom 			
18	19	20	21	22	
					Lunch: choice of 1% o fresh fruit available da
	VVin	iter Holiday Bi	reak		Dairy-free (DF) and ve options available daily the menu, available up
	26	27	28	29	 Vegetable of the day

choice of 1% or fat-free milk; ruit available daily.

ree (DF) and vegetarian (VG) s available daily - if not listed on enu, available upon request.