

APREP DECEMBER Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> • Kashi Berry Blossoms, Skeeters, <p style="text-align: right;">1</p>	<ul style="list-style-type: none"> • Banana Muffin <p style="text-align: right;">2</p>	<ul style="list-style-type: none"> • Apple Cinna-Grins Cereal <p style="text-align: right;">3</p>	<ul style="list-style-type: none"> • Lemon Poppyseed Muffin <p style="text-align: right;">4</p>	<ul style="list-style-type: none"> • NO SCHOOL FOR SCHOLARS <p style="text-align: right;">5</p>
<ul style="list-style-type: none"> • RF Honey Buttons Cereal <p style="text-align: right;">8</p>	<ul style="list-style-type: none"> • Omelet with Cheese <p style="text-align: right;">9</p>	<ul style="list-style-type: none"> • Apple Muffins <p style="text-align: right;">10</p>	<ul style="list-style-type: none"> • English Muffin with Turkey, Egg and Cheese <p style="text-align: right;">11</p>	<ul style="list-style-type: none"> • Lemon Poppyseed Muffin <p style="text-align: right;">12</p>
<ul style="list-style-type: none"> • Cocoa Bops Cereal <p style="text-align: right;">15</p>	<ul style="list-style-type: none"> • Banana Muffin <p style="text-align: right;">16</p>	<ul style="list-style-type: none"> • English Muffin with Egg and Cheese <p style="text-align: right;">17</p>	<ul style="list-style-type: none"> • Waffles with Syrup <p style="text-align: right;">18</p>	<ul style="list-style-type: none"> • Apple Cinna-Grins Cereal <p style="text-align: right;">19</p>
<ul style="list-style-type: none"> • WINTER BREAK <p style="text-align: right;">22</p>	<ul style="list-style-type: none"> • WINTER BREAK <p style="text-align: right;">23</p>	<ul style="list-style-type: none"> • WINTER BREAK <p style="text-align: right;">24</p>	<ul style="list-style-type: none"> • WINTER BREAK <p style="text-align: right;">25</p>	<ul style="list-style-type: none"> • WINTER BREAK <p style="text-align: right;">26</p>



Lunch: choice of 1% or fat-free milk
 All grains served are whole grain-rich
 Dairy-free (DF) and vegetarian (VG) menu items available daily – if not listed on the menu, then available upon request.
 This institution is an equal opportunity provider.

APREP December Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> Hot Meatball Sub <p style="text-align: right;">1</p>	<ul style="list-style-type: none"> Chicken Bites (DF) <p style="text-align: right;">2</p>	<ul style="list-style-type: none"> COLD LUNCH INSIDE CLASSROOM <p style="text-align: right;">3</p>	<ul style="list-style-type: none"> All Natural Hot Dog (DF) <p style="text-align: right;">4</p>	<ul style="list-style-type: none"> NO SCHOOL FOR SCHOLARS <p style="text-align: right;">5</p>
<ul style="list-style-type: none"> Cheesy Chicken Quesadilla <p style="text-align: right;">8</p>	<ul style="list-style-type: none"> Macaroni and Cheese with Mini Dogs <p style="text-align: right;">9</p>	<ul style="list-style-type: none"> COLD LUNCH INSIDE CLASSROOM <p style="text-align: right;">10</p>	<ul style="list-style-type: none"> Buffalo Chicken Sandwich <p style="text-align: right;">11</p>	<ul style="list-style-type: none"> BBQ Meatballs with Cheesy Rice <p style="text-align: right;">12</p>
<ul style="list-style-type: none"> All Natural Hot Dog (DF) <p style="text-align: right;">15</p>	<ul style="list-style-type: none"> Chicken Salad Sandwich (DF) <p style="text-align: right;">16</p>	<ul style="list-style-type: none"> COLD LUNCH INSIDE CLASSROOM <p style="text-align: right;">17</p>	<ul style="list-style-type: none"> Holiday Meal!! Roasted Turkey and Stuffing (DF) Veggie "Meatloaf" and <p style="text-align: right;">18</p>	<ul style="list-style-type: none"> Sesame Chicken Salad <p style="text-align: right;">19</p>
<ul style="list-style-type: none"> WINTER BREAK <p style="text-align: right;">22</p>	<ul style="list-style-type: none"> WINTER BREAK <p style="text-align: right;">23</p>	<ul style="list-style-type: none"> WINTER BREAK <p style="text-align: right;">24</p>	<ul style="list-style-type: none"> WINTER BREAK <p style="text-align: right;">25</p>	<ul style="list-style-type: none"> WINTER BREAK <p style="text-align: right;">26</p>



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APREP December Snack



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<ul style="list-style-type: none"> • Sunbutter and Celery Sticks <p style="text-align: right;">1</p>	<ul style="list-style-type: none"> • Skeeter Cinnamon Grahams <p style="text-align: right;">2</p>	<ul style="list-style-type: none"> • Mini Dipperdoodle <p style="text-align: right;">3</p>	<ul style="list-style-type: none"> • Goldfish Pretzels with Juice <p style="text-align: right;">4</p>	<ul style="list-style-type: none"> • NO SCHOOL FOR SCHOLARS <p style="text-align: right;">5</p>
<ul style="list-style-type: none"> • Dick and Janes Smart Crackers <p style="text-align: right;">8</p>	<ul style="list-style-type: none"> • String Cheese <p style="text-align: right;">9</p>	<ul style="list-style-type: none"> • Yogurt <p style="text-align: right;">10</p>	<ul style="list-style-type: none"> • Skeeter Cinnamon Grahams <p style="text-align: right;">11</p>	<ul style="list-style-type: none"> • Mini Dipperdoodle <p style="text-align: right;">12</p>
<ul style="list-style-type: none"> • String Cheese <p style="text-align: right;">15</p>	<ul style="list-style-type: none"> • Zac Attack Bar Apple <p style="text-align: right;">16</p>	<ul style="list-style-type: none"> • Skeeter Cinnamon Grahams with Juice <p style="text-align: right;">17</p>	<ul style="list-style-type: none"> • Sunflower Seeds <p style="text-align: right;">18</p>	<ul style="list-style-type: none"> • Goldfish Pretzels <p style="text-align: right;">19</p>
<ul style="list-style-type: none"> • WINTER BREAK <p style="text-align: right;">22</p>	<ul style="list-style-type: none"> • WINTER BREAK <p style="text-align: right;">23</p>	<ul style="list-style-type: none"> • WINTER BREAK <p style="text-align: right;">24</p>	<ul style="list-style-type: none"> • WINTER BREAK <p style="text-align: right;">25</p>	<ul style="list-style-type: none"> • WINTER BREAK <p style="text-align: right;">26</p>



All snacks served with fresh fruit unless otherwise noted
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