

## MS Breakfast Menus

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> <li>Cinnamon Chex with Honey Grahams</li> </ul> <p>2</p>	<ul style="list-style-type: none"> <li>HOT Cinnamon Toast Bagel</li> </ul> <p>3</p>	<ul style="list-style-type: none"> <li>Breakfast Cinnamon Crumble</li> </ul> <p>4</p>	<ul style="list-style-type: none"> <li>French Toast Muffin</li> </ul> <p>5</p>	<ul style="list-style-type: none"> <li>Blueberry Muffin</li> </ul> <p>6</p>
<ul style="list-style-type: none"> <li>Zee Zees Cinnamon Crisp Bar</li> </ul> <p>9</p>	<ul style="list-style-type: none"> <li>String Cheese &amp; Cinnamon Grahams</li> </ul> <p>10</p>	<ul style="list-style-type: none"> <li>HOT Pancakes with Syrup</li> </ul> <p>11</p>	<ul style="list-style-type: none"> <li>Banana Muffin</li> </ul> <p>12</p>	<ul style="list-style-type: none"> <li>Plain Whole Wheat Bagel &amp; Cream Cheese</li> </ul> <p>13</p>
<ul style="list-style-type: none"> <li>Yogurt with Granola</li> </ul> <p>16</p>	<ul style="list-style-type: none"> <li>String Cheese with Cinnamon Grahams</li> </ul> <p>17</p>	<ul style="list-style-type: none"> <li>French Toast Muffin</li> </ul> <p>18</p>	<ul style="list-style-type: none"> <li>Zee Zees Berry Apple Crisp Bar</li> </ul> <p>19</p>	<ul style="list-style-type: none"> <li>Jumpstart Breakfast: Mini Dipperdoodle &amp; String Cheese</li> </ul> <p>20</p>
<ul style="list-style-type: none"> <li>Yogurt with Honey Grahams</li> </ul> <p>23</p>	<ul style="list-style-type: none"> <li>Lemon Muffin</li> </ul> <p>24</p>	<ul style="list-style-type: none"> <li>Breakfast Cinnamon Crumble</li> </ul> <p>25</p>	<ul style="list-style-type: none"> <li>HOT Cheddar Cheese and Omelet Gordita</li> </ul> <p>26</p>	<ul style="list-style-type: none"> <li>Yogurt with Educational Snacks</li> </ul> <p>27</p>
<ul style="list-style-type: none"> <li>String Cheese &amp; Cinnamon Grahams</li> </ul> <p>30</p>				

### What's New?

Our favorite **Zee Zees** bar – now available in **Cinnamon Crisp!**



**Try it on 4/9!**

**Breakfast:** choice of 1% or fat-free milk; fresh available daily except when juice is oered three times per week.

*This institution is an equal opportunity provider*



## MS Lunch Menus

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> <li>• Chicken Teriyaki with Brown Rice (DF)</li> <li>• Edamame (legume)</li> </ul> <p style="text-align: right;">2</p>	<ul style="list-style-type: none"> <li>• Sunny Sandwich Kit</li> <li>• Green Peas</li> </ul> <p style="text-align: right;">3</p>	<ul style="list-style-type: none"> <li>• Bag Lunch Inside Classroom</li> </ul> <p style="text-align: right;">4</p>	<ul style="list-style-type: none"> <li>• General Tso's Chicken</li> <li>• Chopped Lettuce and Sliced Tomatoes with Ranch</li> </ul> <p style="text-align: right;">5</p>	<ul style="list-style-type: none"> <li>• Fiesta Scoops with Three Layer Dip</li> <li>• Sweet Potatoes</li> </ul> <p style="text-align: right;">6</p>
<ul style="list-style-type: none"> <li>• Philly Cheesesteak Sandwich</li> <li>• Tomatoes</li> <li>• Pinto Beans (legume)</li> </ul> <p style="text-align: right;">9</p>	<ul style="list-style-type: none"> <li>• Baked Mac &amp; Cheese and Glazed Carrots</li> </ul> <p style="text-align: right;">10</p>	<ul style="list-style-type: none"> <li>• Bag Lunch Inside Classroom</li> </ul> <p style="text-align: right;">11</p>	<ul style="list-style-type: none"> <li>• Flame Broiled Cheeseburger</li> <li>• Chopped Lettuce and Sliced Tomatoes with Ranch</li> </ul> <p style="text-align: right;">12</p>	<ul style="list-style-type: none"> <li>• Honey Mustard Salad with Chicken</li> <li>• Corn and Tomato Salad</li> </ul> <p style="text-align: right;">13</p>
<ul style="list-style-type: none"> <li>• Spaghetti Marinara with Mozzarella</li> <li>• Baby Carrots</li> <li>• Pinto Beans (legume)</li> </ul> <p style="text-align: right;">16</p>	<ul style="list-style-type: none"> <li>• Cheesy Ravioli (VG)</li> <li>• Green Peas</li> </ul> <p style="text-align: right;">17</p>	<ul style="list-style-type: none"> <li>• Bag Lunch Inside Classroom</li> </ul> <p style="text-align: right;">18</p>	<ul style="list-style-type: none"> <li>• Garden Ranch Chicken Salad</li> <li>• Blanched Broccoli Florets with Ranch</li> </ul> <p style="text-align: right;">19</p>	<ul style="list-style-type: none"> <li>• Honey Mustard Chicken Wrap</li> <li>• Seasoned Green Beans</li> </ul> <p style="text-align: right;">20</p>
<ul style="list-style-type: none"> <li>• BBQ Meatballs with Cheesy Rice</li> <li>• Edamame Broccoli Florets</li> </ul> <p style="text-align: right;">23</p>	<ul style="list-style-type: none"> <li>• Jumbo Meatball with Penne Pasta</li> <li>• Steamed Corn</li> </ul> <p style="text-align: right;">24</p>	<ul style="list-style-type: none"> <li>• Bag Lunch Inside Classroom</li> </ul> <p style="text-align: right;">25</p>	<ul style="list-style-type: none"> <li>• Baked Mac &amp; Cheese and BBQ Chicken</li> <li>• Chopped Lettuce Sliced Tomatoes with Ranch</li> </ul> <p style="text-align: right;">26</p>	<ul style="list-style-type: none"> <li>• Chicken Salad Sandwich Seasoned Green Beans</li> </ul> <p style="text-align: right;">27</p>
<ul style="list-style-type: none"> <li>• Sesame Chicken Wrap</li> <li>• Baby Carrots</li> <li>• Edamame</li> </ul> <p style="text-align: right;">30</p>				

### What's New?

Spiced up sides! Try our new veggie pairings - **Island Glazed Carrots** and **Chili Citrus Corn**.



Lunch: choice of 1% or fat-free milk; fresh available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

o Vegetable of the day

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