

February

ES BREAKFAST Menus

Monday	Tuesday	Wednesday	Thursday	Friday
			<ul style="list-style-type: none"> Banana Muffin 	<ul style="list-style-type: none"> COLD Turkey and Cheddar Brekwich (English Muffin)
<ul style="list-style-type: none"> Cheerios/Mini Dipperdoodle Bar 	<ul style="list-style-type: none"> Corn Chex/Zac Attack Strawberry 	<ul style="list-style-type: none"> Yogurt/Remy's Cinnamon Grahams 	<ul style="list-style-type: none"> Breakfast Cinnamon Crumble 	<ul style="list-style-type: none"> Blueberry Muffin
<ul style="list-style-type: none"> Zee Zees Berry Apple Crisp Bar 	<ul style="list-style-type: none"> Lemon Muffin 	<ul style="list-style-type: none"> Multigrain Cheerios/Mini Dipperdoodle Bar 	<ul style="list-style-type: none"> Banana Muffin Yogurt/Granola 	<ul style="list-style-type: none"> Plain Whole Wheat Bagel/Cream Cheese
<ul style="list-style-type: none"> NO SCHOOL FOR SCHOLARS 	<ul style="list-style-type: none"> Cinnamon Chex/Zac Attack Strawberry 	<ul style="list-style-type: none"> Yogurt/Remy's Cinnamon Grahams 	<ul style="list-style-type: none"> Breakfast Cinnamon Crumble 	<ul style="list-style-type: none"> Blueberry Muffin
<ul style="list-style-type: none"> Yogurt/Skeeter HONEY Grahams 	<ul style="list-style-type: none"> Lemon Muffin 	<ul style="list-style-type: none"> Blueberry Burst Whole Grain Bagel/ Cream Cheese 		

Did You Know?

As your first meal of the day, breakfast provides you with the energy you need to start the day off right!



February

ES Lunch Menus

Monday	Tuesday	Wednesday	Thursday	Friday
			<ul style="list-style-type: none"> • Chicken Bites • Baby Carrots <p style="text-align: right;">1</p>	<ul style="list-style-type: none"> • Cheese Pizza with a Whole Grain Crust • Chopped Lettuce and Sliced Tomatoes with Ranch <p style="text-align: right;">2</p>
<ul style="list-style-type: none"> • Sesame Chicken Wrap • Green Peas <p style="text-align: right;">5</p>	<ul style="list-style-type: none"> • Jerk Drumstick with Pineapple Carrot Rice • Baby Carrots with Edamame <p style="text-align: right;">6</p>	<ul style="list-style-type: none"> • Bag Lunch Inside Classroom <p style="text-align: right;">7</p>	<ul style="list-style-type: none"> • Garden Ranch Salad with Chicken Breast • Chopped Lettuce and Sliced Tomatoes with ranch <p style="text-align: right;">8</p>	<ul style="list-style-type: none"> • Hot Meatball Sub • Sweet Potatoes <p style="text-align: right;">9</p>
<ul style="list-style-type: none"> • Philly Cheese Steak • Baby Carrots <p style="text-align: right;">12</p>	<ul style="list-style-type: none"> • Baked Mac & Cheese and BBQ Chicken • Grape Tomatoes with Pinto Beans <p style="text-align: right;">13</p>	<ul style="list-style-type: none"> • Bag Lunch Inside Classroom <p style="text-align: right;">14</p>	<ul style="list-style-type: none"> • Hot Dogs With Buns • Chopped Lettuce and Sliced Tomato with Ranch <p style="text-align: right;">15</p>	<ul style="list-style-type: none"> • Honey Mustard Salad with Grilled Chicken Bites • Steamed Corn <p style="text-align: right;">16</p>
<p>NO SCHOOL FOR SCHOLARS</p> <p style="text-align: right;">19</p>	<ul style="list-style-type: none"> • Cheesy Chicken Quesadilla Sandwich • Baby Carrots with Pinto Beans <p style="text-align: right;">20</p>	<ul style="list-style-type: none"> • Bag Lunch Inside Classroom <p style="text-align: right;">21</p>	<ul style="list-style-type: none"> • Kickin' Chicken Alfredo • Blanched Broccoli Florets with Ranch <p style="text-align: right;">22</p>	<ul style="list-style-type: none"> • Southern BBQ Chicken Sandwich • Sweet Potatoes <p style="text-align: right;">23</p>
<ul style="list-style-type: none"> • Pizza Burger Melt • Steamed Corn <p style="text-align: right;">26</p>	<ul style="list-style-type: none"> • Chicken Teriyaki with Brown Rice • Edamame and Blanched Broccoli Florets <p style="text-align: right;">27</p>	<ul style="list-style-type: none"> • Bag Lunch Inside Classroom <p style="text-align: right;">28</p>		



February

ES SNACKS

Monday	Tuesday	Wednesday	Thursday	Friday
			<ul style="list-style-type: none"> • Goldfish "Hot & Spicy" Cheddar Crackers <p>1</p>	<ul style="list-style-type: none"> • Multigrain Rumbles - Cinnamon <p>2</p>
<ul style="list-style-type: none"> • Goldfish "Colors" Cheddar Crackers/ String Cheese <p>5</p>	<ul style="list-style-type: none"> • Cheddar Crackers/ String Cheese <p>6</p>		<ul style="list-style-type: none"> • Educational Snacks/ String Cheese <p>8</p>	<ul style="list-style-type: none"> • Zac Attack Bar Apple (Snack) <p>9</p>
<ul style="list-style-type: none"> • Multigrain Rumbles - Ranch <p>12</p>	<ul style="list-style-type: none"> • Goldfish "Hot & Spicy" Cheddar Crackers <p>13</p>		<ul style="list-style-type: none"> • Blazin Hots Seeds <p>15</p>	<ul style="list-style-type: none"> • Goldfish "Colors" Cheddar Crackers/ String Cheese <p>16</p>
<ul style="list-style-type: none"> • NO SCHOOL FOR SCHOLARS <p>19</p>	<ul style="list-style-type: none"> • Granola/String Cheese <p>20</p>		<ul style="list-style-type: none"> • Goldfish Cheese Crackers <p>22</p>	<ul style="list-style-type: none"> • Multigrain Rumbles - Cinnamon <p>23</p>
<ul style="list-style-type: none"> • Goldfish "Colors" Cheddar Crackers/ String Cheese <p>26</p>	<ul style="list-style-type: none"> • Educational Snack/ fruit <p>27</p>		<p>28</p>	

