

March Breakfast APA Elementary



Monday

Tuesday

Wednesday

Thursday

Friday

- Cocoa Bops Cereal

2

- New!! Egg and Sausage Quesadilla

3

- Pancakes with Syrup

4

- New!! Buenos Dias Breakfast Burrito

5

- Lemon Poppyseed Muffin

6

- RF Flurries Cereal

9

- English Muffin with Turkey, Egg and Cheese

10

- Omelet with Cheese

11

- Whole Wheat Bagel with Cream Cheese

12

- Blueberry Muffin

13

- Zac Omega Bar Apple

16

- Apple Cinna-Grins Cereal

17

- Pancakes with Syrup

18

- Omelet with Cheese

19

- RF Flurries Cereal

20

- RF Honey Buttons Cereal

23

- Waffles with Syrup

24

- New!! Buenos Dias Breakfast Burrito

25

- Banana Muffin

26

- RF Flurries Cereal

27

- Mini Dipperdoodle and String Cheese

30

- RF Cocoa Bops Cereal

31



Breakfast: choice of 1% or fat-free milk
 All grains served are whole grain-rich
 Dairy-free (DF) and vegetarian (VG) menu items available daily – if not listed on the menu, then available upon request.
 This institution is an equal opportunity provider.

March Lunch K-12



Monday

Tuesday

Wednesday

Thursday

Friday

• Cheese Lasagna (VG)

2

• Chicken Bites (DF)

3

• Bag Lunch Inside Classroom

4

• Hamburger (DF)

5

• Chicken Teriyaki with Brown Rice (DF)

6

• Hot Dog (DF)

9

• BBQ Chicken with Cheesy Rice

10

• Bag Lunch Inside Classroom

11

• Chicken Salad Sandwich (DF)

12

• BBQ Meatballs with Cheesy Rice

13

• Cheesy Chicken Quesadilla

16

• Chicken Marinara Bake
• Spaghetti Marinara with Parmesan (VG)

17

• Bag Lunch Inside Classroom

18

• Cheeseburger

19

• Firecracker Chicken with Spicy

20

• Hot Meatball Sub

23

• Chicken Mole Rojo (DF)

24

• Bag Lunch Inside Classroom

25

• Hot Dog (DF)

26

• Sausage Pizza

27

• Hot Meatball Sub

30

• BBQ Meatballs with Cheesy Rice

31



Lunch: choice of 1% or fat-free milk
All grains served are whole grain-rich
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real food for all™

March SNACKS ELEMENTARY



Monday

Tuesday

Wednesday

Thursday

Friday

<ul style="list-style-type: none"> Yogurt <p style="text-align: right;">2</p>	<ul style="list-style-type: none"> Wholegrain Goldfish Cheese Crackers <p style="text-align: right;">3</p>	<ul style="list-style-type: none"> String Cheese <p style="text-align: right;">4</p>	<ul style="list-style-type: none"> Skeeter Cinnamon Grahams <p style="text-align: right;">5</p>	<ul style="list-style-type: none"> Zac Attack Apple Bar <p style="text-align: right;">6</p>
<ul style="list-style-type: none"> String Cheese <p style="text-align: right;">9</p>	<ul style="list-style-type: none"> Mini Dipperdoodle <p style="text-align: right;">10</p>	<ul style="list-style-type: none"> Dick and Jane Smart Crackers with Sunbutter <p style="text-align: right;">11</p>	<ul style="list-style-type: none"> Yogurt <p style="text-align: right;">12</p>	<ul style="list-style-type: none"> Skeeter Cinnamon Grahams <p style="text-align: right;">13</p>
<ul style="list-style-type: none"> Blazin Hots Seeds <p style="text-align: right;">16</p>	<ul style="list-style-type: none"> Multigrain Rumbles – Ranch with Juice <p style="text-align: right;">17</p>	<ul style="list-style-type: none"> Sunflower Seeds Carrots and Ranch <p style="text-align: right;">18</p>	<ul style="list-style-type: none"> Skeeter Cinnamon Grahams <p style="text-align: right;">19</p>	<ul style="list-style-type: none"> String Cheese <p style="text-align: right;">20</p>
<ul style="list-style-type: none"> Wholegrain Goldfish Cheese Crackers <p style="text-align: right;">23</p>	<ul style="list-style-type: none"> Blazin Hots Seeds <p style="text-align: right;">24</p>	<ul style="list-style-type: none"> Revolution Foods Whole Grain Crackers <p style="text-align: right;">25</p>	<ul style="list-style-type: none"> Sunbutter and Celery <p style="text-align: right;">26</p>	<ul style="list-style-type: none"> Yogurt <p style="text-align: right;">27</p>
<ul style="list-style-type: none"> Zac Attack Strawberry Bar <p style="text-align: right;">30</p>	<ul style="list-style-type: none"> Wholegrain Goldfish Cheese Crackers <p style="text-align: right;">31</p>			



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